



ELCHK Lutheran Secondary School

Parent's Notice 25022 "Jockey Club Parallel Hearts Project" Effectiveness Evaluation 1'

5/11/2025

ELCHK Lutheran Secondary School ELCHK Lutheran Secondary School ELCHK Lutheran Secondary School ELCHK Lutheran Secondary School

Dear Parents/Guardians,

"Jockey Club Parallel Hearts Project" Good way to relieve stress (Applicable to S.4)

Secondary 4 students will participate in the "Jockey Club Parallel Hearts Project" Good way to relieve stress on 21st November (Fri) from 1:45 p.m. to 3:00 p.m. Students will complete a 15-20 minute online questionnaire, led by their class teachers. Students are advised to prepare an internet-enabled device, such as a mobile phone. For those who are unable to bring their own electronic devices, a small number of tablets will be available on site.

The Jockey Club Parallel Hearts adopts an integrated service model of "Community · School · Internet" to provide young people with one-stop, youth-focused, round-the-clock physical, mental and spiritual support. It helps them easily access mental health resources, empowers young people, enables them to thrive in the face of challenges, and cultivates resilience and a sense of well-being.

Should you have any enquiries, please contact Mr. Loi, the Head of the Counselling Committee at 27802291.

Please submit the reply slip to the class teacher by 7/11 (Fri).

Yours faithfully,

Mr. Liang Kwun Fan
Principal



ELCHK Lutheran Secondary School

(Reply Slip) Parent's Notice 25022 "Jockey Club Parallel Hearts Project" Good way to relieve stress'
[Submit the Reply Slip to class teacher by 7/11]

Dear Principal,

I have read and understood the information in this notice and my replies are as follows:

"Jockey Club Parallel Hearts Project" Good way to relieve stress (Applicable to S.4)

- ☐ I agree for my child to participate in the "Jockey Club Parallel Hearts Project" questionnaire to be held on 21st November (Fri).
- ☐ I do not agree for my child to participate in the "Jockey Club Parallel Hearts Project" questionnaire.
- (Please put a "✓" in the appropriate box)

Student's Name: _____

Parent's Signature: _____

Class: _____ ()

Parent's Name: _____